

It's the Sixth Annual...

# Stoneleigh Kids' Try-athlon

A swim, bike and run event -- right here in Stoneleigh--  
for children ages 4-12

Saturday, September 4, 2010

7:30am arrive

(storm date 9/5/10)

No experience necessary, but we need parents to volunteer to help on race day!

Proceeds from this event will support:

Baltimore Child Abuse Center (BCAC)

And The Stoneleigh Community

Race Information Packet

# Hey Kids! It's the Sixth Annual Stoneleigh Kids' Try-athlon!

## **What is a Triathlon?**

A triathlon is an event where you swim, then ride a bike, then run. In the Stoneleigh Kids Try-athlon, you will swim in the Stoneleigh pool, then ride your bike around the neighborhood, and then run around the neighborhood.

## **What if I have never done a Triathlon before?**

No problem! This is a race for fun, and everyone from age 4 to age 12 is welcome to participate.

## **What if I can't swim in deep water?**

That's OK, too. Swimmers who have not passed the Stoneleigh deep water test will use the shallow end of the pool for the event.

## **What if I have training wheels or a tricycle?**

Great! No problem.

## **What is the course?**

- Age 4-5: 1 length of the pool, 400 yard bike, and 200 yard run.
- Age 6-7 2 lengths of the pool, 800 yard bike, and 400 yard run
- Age 8-9 4 lengths of the pool, 1200 yard bike, and 600 yard run
- Age 10-12 8 lengths of the pool, 2400 yard bike, 1200 yard run

### **What are the Entry Requirements?**

- Everyone is welcome! You don't have to live in Stoneleigh!
- Children from age 4-12 on race day
- Parent or guardian permission required
- Complete application and return with check payable to "Stoneleigh Community Association" to Charlie Reuland, 810 Kingston Rd., Baltimore, MD 21212, or drop application and check in the Try-athlon drop box at the Stoneleigh Pool, by 8/22/10.
- Entry fee of \$20.00 per entrant, up to a max of \$50.00 family, by check payable to "Stoneleigh Community Association" must accompany application to be considered
- The event caps at 120 entrants; registrations may be allowed after 8/22/10, but t-shirts cannot be guaranteed for those received after 8/22.
- An approved bicycle and helmet (see below)
- Race packet pick-up will be held at the pool on Friday, September 4<sup>th</sup>, from 6-8pm. **Please make sure you are accompanied by your parent or guardian who will have to sign the USA Triathlon membership form and waiver.**

### **What do I have to do before the race?**

You will need to come to "Packet pick-up," which is on Friday September, 3, 2010 from 6-8pm at the Stoneleigh pool parking lot. Here we will provide you with a race number, a t-shirt, a map of the course, and a general orientation to triathlon for those who are interested. Also at packet pick-up you and your parent or guardian will sign a USA Triathlon membership form and waiver.

You will also have to have your bike and helmet inspected for safety. Princeton Sports has generously agreed to inspect all bicycles and helmets for free. You can have them inspected by taking them to Princeton Sports, 6239 Falls Road within one week prior to the race, and mention that you need to get a Stoneleigh Kids Try-athlon safety inspection. Or, Princeton Sports will inspect bicycles and helmets Friday evening 9/3/10 between 6-8pm at the Stoneleigh Pool parking lot. We encourage you to have your bike and helmet inspected earlier in the week, however, as that will allow time for repairs which may be required to make them safe.

If your bike and helmet are not deemed to be safe by Princeton Sports, and your bike is not marked with an appropriate inspection sticker, you will not be able to participate in the race. There will be no exceptions to this rule.

### **What do I need to have with me the day of the race?**

- Your bike, which must have a current Princeton Sports inspection sticker, and your inspected helmet.
- Appropriate swim, bike and run clothing – we will provide more information on this at Packet Pick-up.
- The contents of your race packet, including race number, course map, and any other information we provide.

### **Are there prizes for the winners?**

- Aside from the glory of completing a triathlon, no. We hope that all entrants finish this race, and feel good about their accomplishment! We will not formally time this race. You are welcome and even encouraged to bring your own stopwatch to time yourself!

### **Key dates**

August 22, 2010	Deadline for applications to be received by Margaret Schlossberg
August 23, 2010	Determine if there are sufficient entrants <u>and volunteers</u> to hold the race.
August 31 – September 3, 2010	Bike and helmet inspections at Princeton Sports.
September 3, 2010 6-8pm	Mandatory race packet pick-up for all racers, and Bicycle/helmet inspection for those who have not made it to Princeton Sports in advance.
September 4, 2010 arrive at 7:30am	Pre-race sign-in, body marking and first wave race start at 8:30am.

### **What if there is bad weather?**

- We plan to have the race even if its raining. If the conditions are too dangerous, we have reserved Sunday September 5, 2010 as the “storm” date. If the conditions are unsafe on both days, we will not hold the race. In any event, we will not be able to refund monies paid if the race is moved to the rain date or cancelled (but you will get the t-shirts!). Also, paid race reservations are not transferable to other persons.

### **Other Questions?**

E-mail Margaret Schlossberg at [mschlos@jhmi.edu](mailto:mschlos@jhmi.edu) or call 410-377-2062 .

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## Application

### Entrant's Information

Last name \_\_\_\_\_

First name \_\_\_\_\_

Street Address \_\_\_\_\_

ZipCode \_\_\_\_\_

Phone # \_\_\_\_\_

Entrant/parent email \_\_\_\_\_

Entrant Date of Birth \_\_\_\_\_

Entrant Age on 9/1/07 \_\_\_\_\_

T-shirt size (circle)      Sex (circle)

S    M                      boy

L    XL                     girl

### Parent or Guardian's Information

Last name \_\_\_\_\_

First name \_\_\_\_\_

Address \_\_\_\_\_

ZipCode \_\_\_\_\_

Phone # \_\_\_\_\_

email \_\_\_\_\_

Can you the above volunteer to help on race day?

\_\_\_\_\_ (y/n)

Check payable to "Stoneleigh Community Association" for \$20.00 per entrant, up to a max of \$50.00 per family, must accompany this form.

### Release and Waiver

#### MUST BE SIGNED

In consideration of the acceptance of my entry, I, for myself, my heirs, executors, administrators and assignees, hereby release and discharge Stoneleigh Community Association, Race Director, event volunteers and any of the sponsors from all claims of damage, injury, demands, and actions whatsoever in matters arising from my participation in this athletic event. I attest and verify that I have full knowledge of the risks involved in this event and am physically fit and sufficiently trained to participate.

### Signature of parent or guardian

\_\_\_\_\_  
Signature of parent or guardian is required

**Date** \_\_\_\_\_

Return completed application w/ check for \$20.00 per entrant, up to a max of \$50.00 per family, payable to "Stoneleigh Community Association" to Margaret Schlossber at 814 Kingston Rd. or at the Stoneleigh Pool Drop-off box by 8/22/10.

Other Questions? Most can be answered by reviewing the rain date information packet. If you still have questions, please contact Margaret Schlossberg at 410-377-2062 or email [mschlos@jhmi.edu](mailto:mschlos@jhmi.edu), or Cathy Pascale at 410-377-5511 or [cpascale@oag.state.md.us](mailto:cpascale@oag.state.md.us)